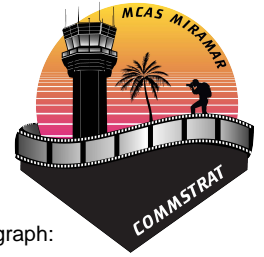


**C : : 7 5 @A @H5 FMD9FGCBB9 @: @ PHOTO HEIGHT/WAIST VERIFICATION: CFA**

Refer to your unit's COMMSTRAT section for guidance and procedures on taking OMPF photos



Please fill out the below form and print or email form to: [mcasmiramarcommstrat@gmail.com](mailto:mcasmiramarcommstrat@gmail.com)

The following information is hereby certified true and is submitted for display in Marine's official photograph:

1. RANK	2. LAST NAME, FIRST NAME, MI
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3. UNIT
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4. BILLET ASSIGNMENT
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5. EDIPI
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6. PRIMARY MOS	7. HEIGHT/WAIST
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8. HEIGHT/WAIST RATIO or BODY FAT PERCENTAGE
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9. BODY COMPOSITION (CHECK ONE) <input type="checkbox"/> Within BC Standards <input type="checkbox"/> Not Within BC Standards <input type="checkbox"/> Exempt <input type="checkbox"/> Waived
---

**VERIFIED BY:**

10. RANK, NAME, UNIT
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11. BILLET (CHECK ONE) <ul style="list-style-type: none"> <li><input type="checkbox"/> Commanding Officer</li> <li><input type="checkbox"/> Executive Officer</li> <li><input type="checkbox"/> Sergeant Major</li> <li><input type="checkbox"/> First Sergeant</li> <li><input type="checkbox"/> Senior Enlisted Advisor</li> </ul>	Notes:
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12. SIGNATURE	13. DATE
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This verification is valid 30 days from the date signed. If body fat percentage is  $\leq 10\%$ , the verification is only valid 14 days from the date signed. Once the photo is taken it will be forwarded to MMRP the same day and will be valid for 1 year. COMMSTRAT is not responsible for making the customer's personal or professional deadlines.

**COMMSTRAT USE ONLY**

14. PHOTOGRAPHER	15. SUBMISSION DATE
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