



# Local Hazard Brief

**MCAS Miramar Safety Department**

*MCAS Miramar*



# TRAFFIC AND PEDESTRIAN SAFETY

## Local Restrictions aboard MCAS Miramar

- ALL roads aboard the installation are 25 MPH unless otherwise specified
- While passing troop movement or activity speed shall be reduced to 10 MPH or less
- Parking lot speeds shall not exceed 5 MPH
- Motorcycles shall not lane split while aboard the installation or on approach to gate traffic
- Cellphone use while operating a motor vehicle is prohibited
- While walking, jogging, running, skating, skateboarding, or bicycling; Use of personal listening devices (headphones, ear buds, etc.) is prohibited when within 3 feet of a street, roadway, highway, avenue, or parking lot unless otherwise protected from traffic (pedestrian bridge, etc.)



**Traffic accidents (4- & 2-wheel) are the leading causes of fatalities in the Marine Corps.**



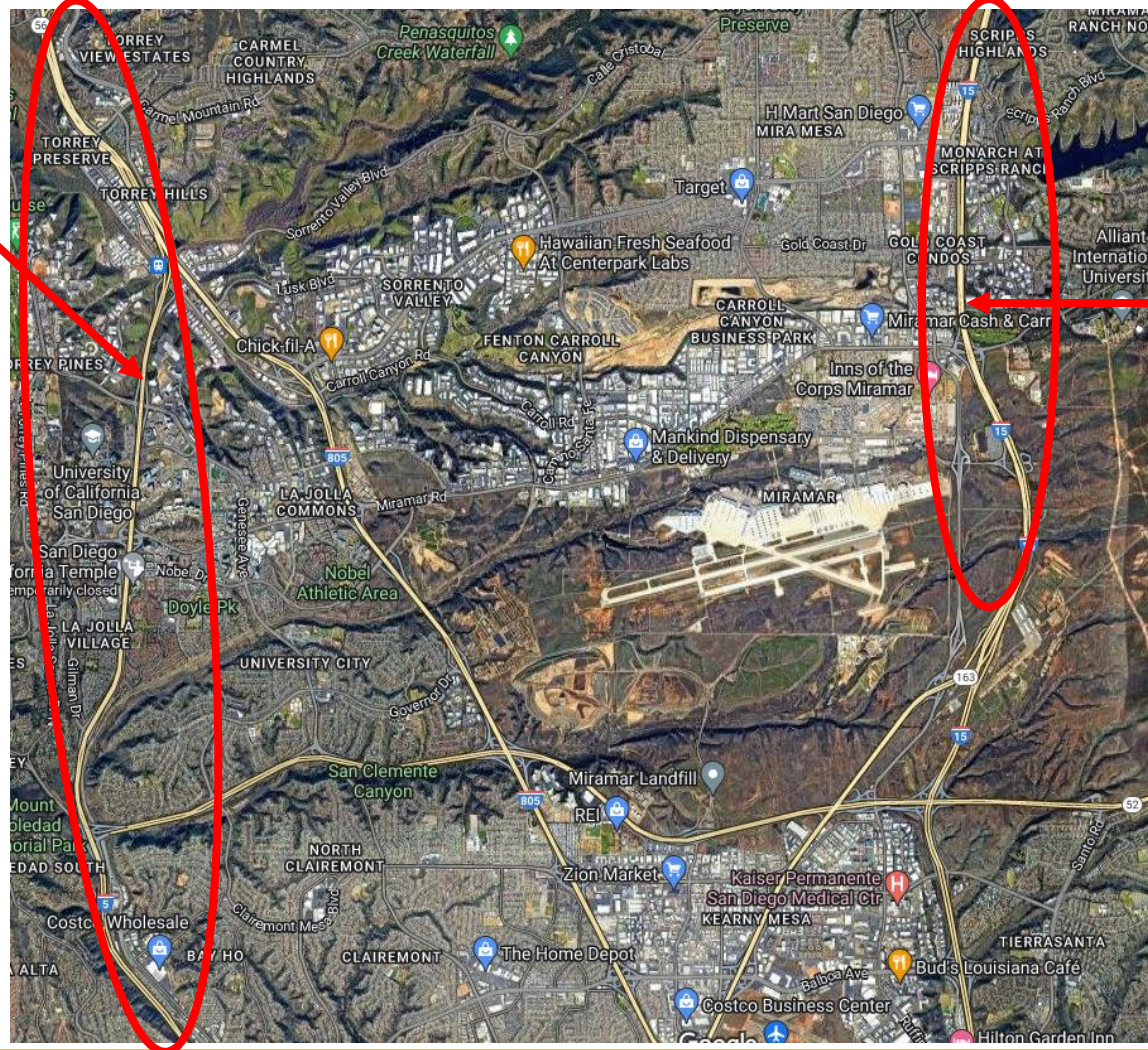




# LOCAL TRAFFIC HAZARDS

## Interstate 5

Interstate 5, which is also called “The Five,” is one of the most dangerous roads in San Diego. Why? The massive amounts of traffic but also the consistent stop-and-go flow of traffic. The consistent stopping before speeding up leads to a ton of rear-end collisions. Also, when traffic is light with 6 lanes speed increases to more than the speed limit. This also leads to accidents.



## Interstate 15 (Miramar Way to Scripps Poway Parkway)

The five-mile stretch on Interstate 15 from Miramar Way to Scripps Poway Parkway is reportedly the deadliest parkway in San Diego County. Fatalities are high due to speed, lots of traffic, large amount of alcohol-related traffic stops.







# LOCAL TRAFFIC HAZARDS

## Palomar Mountain Drives

Very busy with illegal motorcycle riding and racing up and down the hill.



## Highway 67 (Bloody Alley)

The bad news is this road isn't any safer than the previous one. San Diego calls this stretch "Bloody Alley."

So, what makes Highway 67 so dangerous? It is one of the most dangerous roads in the county because of its twists and turns. Not only is the road difficult to navigate, but it is also filled with blind spots, which means accidents are inevitable.





# RECREATIONAL AND OFF DUTY SAFETY

- High-Risk Activities (HRA) include skydiving, scuba diving, remote hiking/camping, vehicle racing, rodeo participation, etc.
  - Inform your Supervisor BEFORE engaging in HRA.
  - Review plan with Supervisor & Safety Officer.
  - Do not engage in HRA alone (buddy system).
- RODS briefs are required
  - Prior to holiday liberty periods, foreign port visits, return from deployment, seasonal change.
- Top 12 areas with the most crimes in San Diego (SDPD 2023);
 

East Village	Pacific Beach	San Ysidro	Gaslamp
Mission Valley East	Midway District	Core-Columbia	Mira Mesa
North Park	University City	Hilcrest	Kearny Mesa
- Check with MCCS personnel on rules for use of MCCS property or equipment (gym equipment, sports fields, PARC rental equipment, etc.). When in doubt ask for a brief from MCCS personnel.
- Report all RODS-related mishaps to your chain of command.





# EXPLOSIVES SAFETY

- Stay away from Unexploded Ordnance (UXO).
- Stay Safe! Follow the 3 Rs!  
Recognize, Retreat, and Report
- Report it to Range Control 858-307-1446 and Explosive Ordnance Disposal (EOD) 858-307-7699

UXO







# INSECTS AND PLANTS



## Ticks

- Examine clothing & skin frequently for ticks.
- Apply insect repellent containing DEET.
- Remove attached ticks with tweezers by grasping it as close to your skin as possible and gently pull straight out.
- Wash the bite area and apply antiseptic.
- See a doctor if any unexplained rash, or illness accompanied by a fever.

**Poison Oak**  
Will Make You Itch



**Poison Hemlock**  
Can Kill You!!





# ANIMALS / VARMINTS

**Rattlesnakes**



**Coyotes**  
Bldg. 6022



**Mountain Lions**



**Bobcat**  
Bldg. 6022







# EMERGENCY ACTION PLAN

- All occupied facilities have an Emergency Action Plan in place. Plans cover actions necessary in case of fire or severe weather, and if evacuation or shelter in place is stipulated.
- Information will be provided on:
  - How to report an emergency.
  - Alarm systems and their meanings.
  - Where fire extinguishing systems are and how to use them.
  - Earthquake procedures and exit routes for the building.
- Emergency Action Plans drill will be held annually for all.

## Fire Bill

BUILDING NO.

### IN CASE OF FIRE

1. **USE NEAREST FIRE ALARM BOX OR TELEPHONE EXT. 911**

Know the location of the nearest alarm box and the nearest telephone in your area. When using telephone REPORT BUILDING NUMBER. Upon arrival direct Fire Department to the scene of fire.

2. **SPREAD THE ALARM – PASS THE WORD**

All personnel except fire parties clear area.

3. **IF TIME PERMITS, CLOSE DOORS AND WINDOWS TO CONFINE THE FIRE AND PREVENT DRAFTS. DO NOT ENDANGER YOURSELF OR OTHERS IN THIS EFFORT.**

4. **USE PROPER EQUIPMENT AT HAND TO EXTINGUISH THE FIRE, PENDING ARRIVAL OF THE FIRE DEPARTMENT.**



MCAS Miramar



Individual Emergency Action Plan

S-3 Plans  
Mission Assurance





# BASE WARNING SYSTEM

Mass messages will be sent out via ATHOC/Giant Voice for:

- Heat warnings
- Flag conditions
- Road closures
- Active shooter
- Other pertinent information





# Questions?

*Team Miramar*